

HCG Diet

Physician Supervised
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Weight Loss Through Science

Over the years, numerous weight loss products and programs have been made available to those who want to lose weight. Unfortunately, despite the claims of many of these products and programs, most of them have little or no scientific basis at all. Instead of losing weight, you will only end up losing money.

Nevertheless, it is not impossible to lose weight through the use of a program or product. The key is in looking for one that is backed by science. The HCG Diet is a diet that has been developed with careful planning and studies. In fact, the HCG Diet is proven to help shed 1-2 pounds a day.

Ask Your Health Care Professional if this diet program is right for you.

You Can Lose 1-2 Pounds per Day!

HCG or Human Chorionic Gonadotropin is a hormone that the female body produces during pregnancy. Its main purpose is to ensure the health of the fetus by making stored fat cells available for the baby to use. This is the reason why pregnant women can vomit constantly without affecting their baby's nutrition. In the 1950's Dr. ATW Simeons found out that when given to both men and women, HCG reduced appetite and promoted weight loss. It specifically reduced weight in the buttocks, hips, and thigh areas.

In the HCG Diet, you will be restricted to 500 calories per day which may sound very little compared to what you were used to. However, even if you are only consuming 500 calories a day, the reduction of appetite that results from the HCG Diet will not make you feel starved. Your body will react to the HCG by using up your stored fat cells.

If you are looking for a diet program that offers no fluff and gives you only solid results, then the HCG Diet program is the program for you. Backed by 60 years worth of science, the natural hormone HCG will help you burn your stored fats.